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Student Life

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Faculty and Students to Campaign for E & F Funds



By Steve Schering
Editor

In GSU President Dr. Maimon's Convocation speech earlier this trimester she urged all associated with the university to write Springfield and help get the funds needed to renovate the E and F wings.

Now Eric Martin, Dean of the College of Arts and Sciences, has begun the faculty campaign to write letters to Governor Rod Blagojevich in hopes of getting the funds released.

The campaign's theme is 'GSU Students Deserve Better.' The funds, \$14.5 million, were approved in 2003, but have yet to be released.

"Faculty members in the College of Arts and Sciences are pleased to be invited to write the governor regarding the E and F renovation," said Martin. "Many believe we have suffered in silence for far too long and that this effort is important for stating our case directly to Governor Blagojevich."

Governors State is the only public university in the south suburbs, and the science labs in the E and F wing are outdated and badly in need of renovation.

"Over the years GSU faculty in the College of Arts and Sciences, as well as faculty in the College of Health Professions, have been nothing short of heroic in their efforts to offer a quality education in increasingly obsolete facilities," Martin said. "As a result, GSU's graduates have been extremely competitive in the workplace, but as my letter says; they deserve better."

The campaign is not only open to College of Arts and Science and Health Profession faculty, but all faculty members at GSU. Student Senate President Rosa Moran is heading a student campaign and flyers will soon be up on campus encouraging students to join in.

"This quick response is very gratifying and I want to thank President Maimon for encouraging us to speak out," said Martin.

Student Suggestions Lead to Book Advance Increase

By Steve Schering
Editor

Governors State University President Elaine Maimon has made herself very accessible to students at the university.

Maimon has met with students and treated them to pop and pizza as part of her 'Chat with the President' meetings in the cafeteria annex. The final chat took place October 9.

The students were free to grab a microphone to express opinions and ask questions to Maimon during the hour-long event.

Students at the session voiced concern that the current book advances, \$300, are too low considering how textbook costs have risen greatly throughout the years. Maimon and her Executive Vice-President Gebeyehu Ejigu decided that beginning in the Winter '08 trimester that book advances will be raised to \$700.

The D wing elevator was brought up, as students wanted to know why it was taking so long to repair. The elevator, at over 30 years-



old, is not being renovated, but replaced entirely. The contractor is to finish the job by November.

Class scheduling also was a hot topic.

Throughout the sessions and the 'Why Not?' campaign the university has received several suggestions of having classes early in the morning before students go to work, or at various times of the day. The university plans to survey students in the future regarding class scheduling.

The 'Why Not?' campaign has also proven to be an early success. Students can now voice their opinions directly to administrators through the website and get answers to their questions or suggestions.

"The Why Not? Campaign is off to a great start," said Maimon. "We have received over 200 constructive suggestions. We have been able to act on some of them right away. Others are being distributed to the appropriate people for response.

"Please keep the suggestions coming and watch GSU View for regular reports on changes made as a result of your participation."

The GSU View newsletter is available on all student e-mail accounts.

the PHOENIX YOUR CAMPUS

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If you are interested, please contact the *Phoenix* office at 708-534-4517 or phoenix@govst.edu.

the PHOENIX

The *Phoenix* is Governors State University's student newspaper. It is published twice monthly during the fall and winter, and monthly during the spring/summer.

We welcome articles, suggestions, photos, commentary, cartoons, and letters to the editor on issues that concern you or the greater GSU population.

We reserve the right to edit submissions for clarity, legality, and interest to our GSU readership.

All submissions should be signed, and include the student, faculty, or staff member's ID number, department, and phone number.

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GSU Gets Involved on National Depression Screening Day



By Cynthia Sims
Contributing Writer

October 11 marked the annual National Depression Screening Day, which takes place at all colleges and universities around the United States.

"National Depression Screening Day provides awareness to mental health issues," said licensed clinical psychologist and training supervisor Dr. Katherine Helm, PhD.

The exam itself takes no longer than 10 minutes. Dr. Helm has been interested in this field since she was a child and her passion has brought her here to Governors State University.

There was a discussion on campus called Brown Bag Talk and the question was asked, "Could Virginia Tech happen here at GSU?" We all know the possibility exists, not just here, but at any given school at any given time. Events like that can take its toll on students mentally.

National Depression Screening Day has become the single largest mental health screening in the country.

The consultations are done with Dr. Helm and the rest of the counseling staff and they are already covered through your GSU counseling

fees. This entitles you to 12 sessions, either single or couples.

"I always enjoy working at GSU," said Helm, who has been with the university for five years, "the students always give you appreciation for what you are trying to accomplish."

The sessions are private and confidential. Additional information can be obtained by calling 708-235-7334.

Political Polling May Miss Young Voters

By Johnie Emma Gall

(U-Wire)-UNIVERSITY PARK, Pa. — Though one-third of young people may be missed by telephone surveys for the November 2008 presidential election, a top research director said this loss probably cannot be blamed for poll deficits faced by youth favorites like Democratic candidate Barack Obama.

Researchers for political polls use landline telephones to survey voters, said Scott Keeter, director of survey research at Pew Research Center; however, ignoring the growing number of people who rely solely on cell phones could omit a large group of voters: college students.

He said the government estimates that 12 to 13 percent of the public depends only on cell phones, and one-third of people ages 18 to 29 are cell phone dependent.

"The typical 'cell-only' person is young, single, a renter and makes less than \$30,000 a year," Keeter said.

Only 10 percent of cell-only people are actually registered to vote, Keeter said, though he predicted it would be 15 percent by the 2008 presidential election — a number too small to move the polls in either direction. Keeter said many of Obama's followers are young, meaning they probably fall into the cell-only category.

"We don't see a bias because the number of cell phone users that actually vote tends to be so small," Keeter said. "Barack Obama would most likely be in the same position he is currently."

But Enrique Ortiz, president of the Pennsylvania State University College Democrats, said he believes including

cell phone users in polls could help persuade young people to vote.

"It's the bandwagon effect," he said. "If a voter's favorite candidate had been disenfranchised, they will be less likely to vote, or they are going to vote for the next best thing."

Ortiz said the substantial amount of Obama's funding that comes from smaller \$10 or \$50 Internet donations is indicative of younger voters' support.

Alex Weller, president of the Penn State College Libertarians, said that by excluding cell phones, pollsters are discriminating against the younger cell phone-dependent generation.

"For example, Ron Paul, who is a Republican candidate from Texas, is very popular on Facebook.com and Youtube.com, but in the polls he is only showing at 2 or 3 percent," Weller said. "Researchers need to adapt to the needs of a younger generation, possibly by using text messaging to survey people."

Keeter said he believes cell phone users will eventually need to be included in surveys, but the practice is an expensive one.

"There is an airtime cost, which means we need to provide the phone owner with some type of payment," he said.

Jane Fryer (sophomore-hotel, restaurant and institutional management) said she wouldn't mind being interviewed as long as she knew how long the survey would take.

"Unlike a lot of people our age, I enjoy discussing politics," she said. "I don't think politics need to be controversial all the time."

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Student-Run Political Site out to 'Scoop' Mainstream Media

By Abheek Bhattacharya

(U-Wire)-The Yale Herald-Scoop08, an online student national publication aimed at the coverage of the 2008 Presidential elections, does not launch until next month; yet it has already begun to make its mark on the political landscape.

Last April, conservative political guru William F. Buckley, DC '50, showered the initiative with praise in his nationally syndicated column. "This venture by students," he wrote, "will use the instruments that are uniquely available to the very young." Buckley was enthusiastic about what Scoop08 means for the nation's youth. "Young people are excited to move forward, and they are willing — perhaps for the first time in a while — to care."

And indeed, they do care. Andrew Mangino, BR '09, and his Scoop08 co-founder, Alexander Heffner — a high school senior at Phillips Academy — met while working on Hillary Clinton's Senatorial campaign two summers ago, and Scoop08 was conceived shortly thereafter.

"Both of us are interested in using journalism as a tool for engagement in public affairs," Heffner said.

Scoop08 consists of nearly 400 student reporters and editors from across America. Each reporter is assigned a presidential candidate, a political issue, and sometimes even a unique concept such as Ethics, Strategy, Rhetoric or Political Theory.

Grant May, SY '10, who joined Scoop08 as the Republican Candidate Editor, said that this degree of specificity ensures quality and allows the team's 20-year-old reporters to thoroughly explore a single issue.

"As college or high school students, we are not experienced or knowledgeable enough to cover weighty issues such as national security," he said.

However, working with the other team members has given him sufficient reassurance.

"I have been pretty impressed by how things are run," May said.

Mangino also stresses the commitment of Scoop08 reporters.

"What we lack in age, we can make up for by being very proactive journalists," he said.

Scoop08's reporters are committed to their respective colleges, but they feel united by the mission of contributing to the national dialogue.

"As a nationwide project that transcends any one school or college, we are eager to embrace this, and are interested in investing our time," Heffner said.

Mangino and Heffner take pride in this unconventional and innovative form of journalism. The two are disappointed with the mainstream media, and hope to delve deeper into the issues and candidates.

"National political reporting often follows the horserace," Heffner said. Instead, the group claims to be after the real "scoop," the truth whatever it may be.

"As students, we are closer to the textbooks, our understanding of history and politics is purer," he said.

This attitude should not be mistaken for naive idealism. Meghan Louttit, a senior majoring in Journalism at Ohio University and one of the two Managing Editors for the online newspaper, explains that while her motives are idealistic, she is anything but idealistic in her approach.

"I am interested in giving people, especially the youth, a reason to care about politics," she said. "But our reporters are already seeing real world politics upfront, and fighting real world battles as they go about their job," she said, molding them into tough political reporters.

Scoop08 intends to cover not just the mainstream issues and candidates, but also those that are often overlooked by the national media.

"Two reporters secured interviews with presidential candidates, such as Ron Paul," Mangino said.

In fact, reporters will also cover the oft-disparaged Green and Libertarian Parties.

"Given the size and scope of our writers, we can report on different angles of issues that traditional national media outlets might overlook," Heffner said. Indeed, Scoop08's potential success seems tied to its ability to produce something special.

"If it doesn't bring out anything new, it will simply fail," said May.

Vivian Nereim, SM '09, a former news editor for the Herald and Features Editor for Scoop08, echoes the importance of this quest for unique news.

"If someone pitches me a story that is typical of the Times, I immediately disqualify it. We are looking for surprising and sexy stories," Nereim said.

To counter any impressions that Scoop08 will venture into the territory of yellow journalism, Mangino underscores that "surprising and sexy" does not rule out "substantive."

"We will not write features about John Edwards's haircut," he said.

Yet Scoop08's Director of Development Dara Lind, BK '09, raises the fact that the publication cannot always be completely impartial.

"Scoop08 seeks to use facts for analysis," she said. "Scoop08 is facts, to which a required spin is added."

The newspaper's editors refuse to discuss the actual stories that they will publish starting next month, but they insist that new angles for stories will indeed be present.

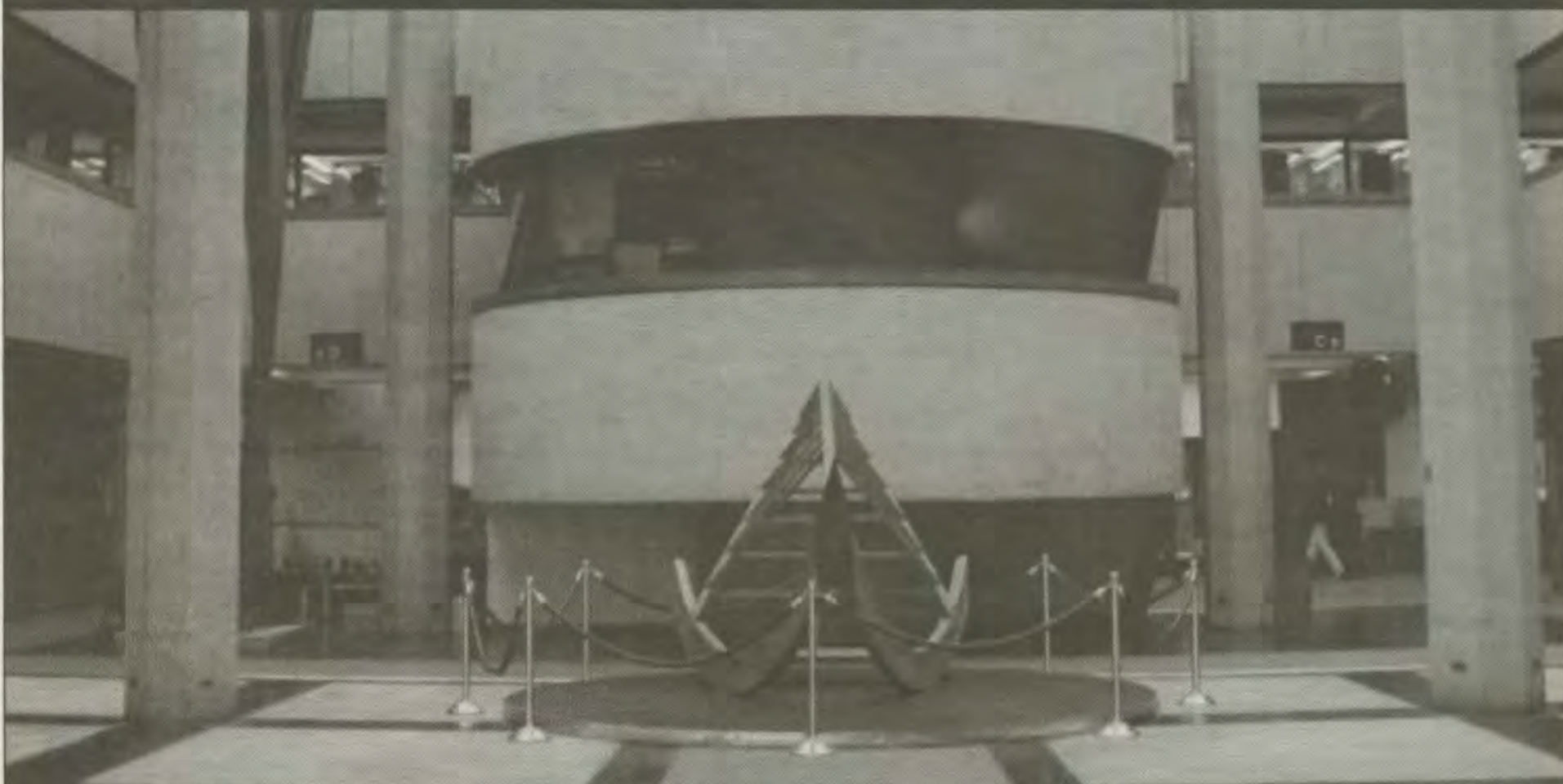
"It is ridiculous to think that everything worth covering is already covered by the likes of the Times," May said.

Indeed, most alternative journalism has emerged by contrasting itself against the mainstream.

See 'Scoop'
Page 6

Why Not provide services to GSU students at convenient times?

Students can now access most university services both during the day and in the evening.



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Art Ark

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Fall In Northern Michigan
By Dee Michalski



Fall
Digital Art By Dmitry Savinoff

Fall 2007 Fitness Programs

September 17, 2007-December 22, 2007



Weight Loss Success

Days: Tuesdays & Thursdays

Time: 11:00-11:45 p.m.

Fee: \$15.00

Description: Losing weight is about more than just food and exercise. This course will help you create the mental attitude that is essential for you to achieve your weight loss goals.

Next Level Fitness

Days: Tuesdays & Thursdays

Time: 12-1245 p.m.

Fee: \$15.00

Description: For all levels, this course is designed to meet the strength, cardiovascular and flexibility components of a well-balanced fitness program.

Pilates Mat

Days: Tuesdays

Time: 11:30-12:30 p.m.

Fee: \$15.00

Description: For all levels and bodies, enjoy working and strengthening your core (abdominals, gluteals, and thighs). Notice your muscles lengthening, toning and your posture improving. Walk tall again!

Yoga

Days: Tuesdays

Time: 12:30-1:30 p.m.

Fee: \$15.00

Description: For all levels and all bodies. Harmonize your body, mind, and spirit while revitalizing and rejuvenating your whole self. Be strong and flexible while de-stressing and relaxing your body and mind.

Aerobics

Days: Tuesdays & Thursdays

Time: 5:30-6:30 p.m.

Fee: \$15.00

Description: Get in shape and lose those extra holiday pounds. Our Aerobics program utilizes many different types of cardiovascular conditioning and allows the students to work at their own skill level.

Meditation (New)

Days: Wednesdays

Time: 10:00-10:45 a.m.

Fee: \$15.00

Description: Meditation is a practice which can improve your concentration, health, and allow you to better know yourself spiritually. This course will guide you through starting your own daily practice at home and will continue to support you on your spiritual journey.

The Total Water Exercise Class

Days: Monday-Friday

Time: 10:00-11:00 a.m.

Fee: \$10/weekday or \$40 for the entire program

Description: Tired of the same old boring routine? Then this is the water class for you! Every type of water exercise, such as walking, aerobics, and resistance training, are incorporated and rotated regularly in this program.

Senior Aquacise 1

Days: Mondays, Wednesdays, & Fridays

Time: 1:45-2:15 p.m.

Fee: \$10.00

Description: Senior Aquacise is a low-impact, low-intensity water aerobics course, designed especially for senior citizens.

Senior Aquacise 2

Days: Mondays, Wednesdays, & Fridays

Time: 2:30-3:00 p.m.

Fee: \$10.00

Description: Senior Aquacise is a low-impact, low-intensity water aerobics course, designed especially for senior citizens.

Senior Floor Exercise

Days: Mondays, Wednesdays, & Fridays

Time: 1:00-1:30 p.m.

Fee: \$10.00

Description: Senior Floor Exercise is a land based flexibility course designed especially for senior citizens.

Register now! All class sizes are limited.
Stop by to register in the Recreation & Fitness Center Sales Office (A1106) or
Call (708)-534-4945 for more information.

Con't from page 3

"Scoop08 seems to be a great way for young adults across the country to not just get involved in, but also influence the political process,"

Only a handful of students on the editorial team really know what Scoop08 will look like when it comes out in November. Even fewer can guess what the reaction will be. But based on Kagan and Amar's faith in Scoop08's vision, one can only await the site's launch to see just how high a bar Mangino and company can clear.



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What's Up

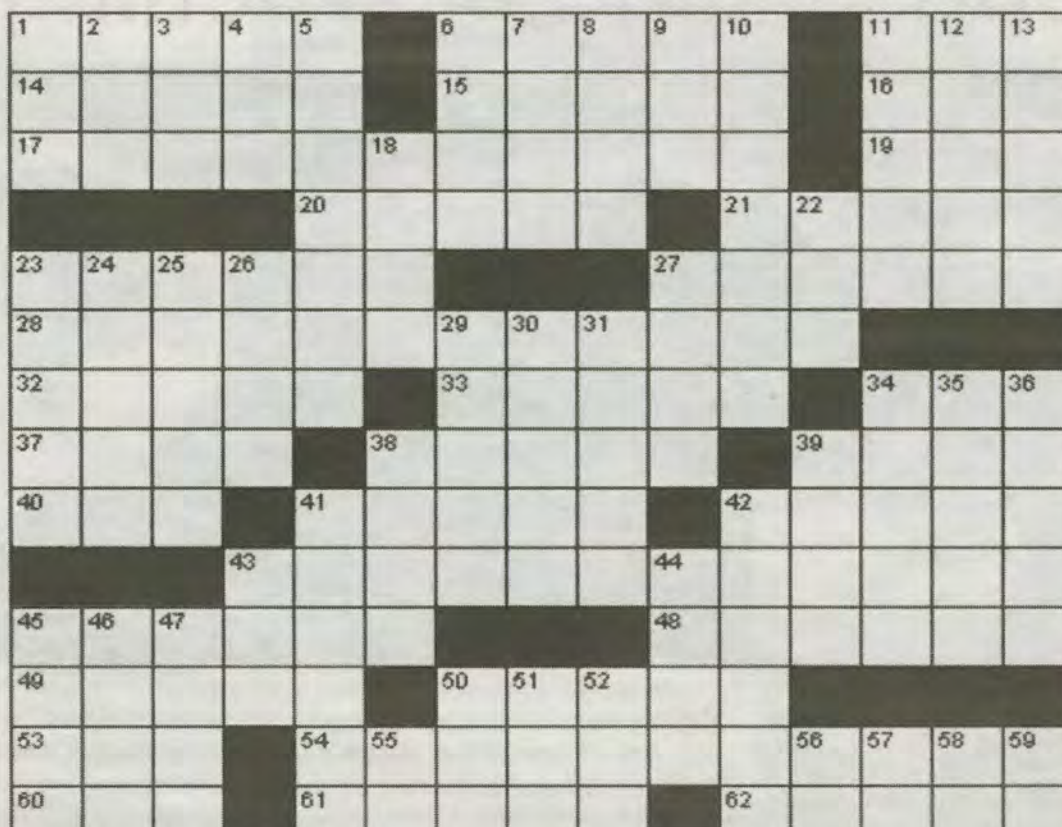
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Crossword & Sudoku: solutions on page 7

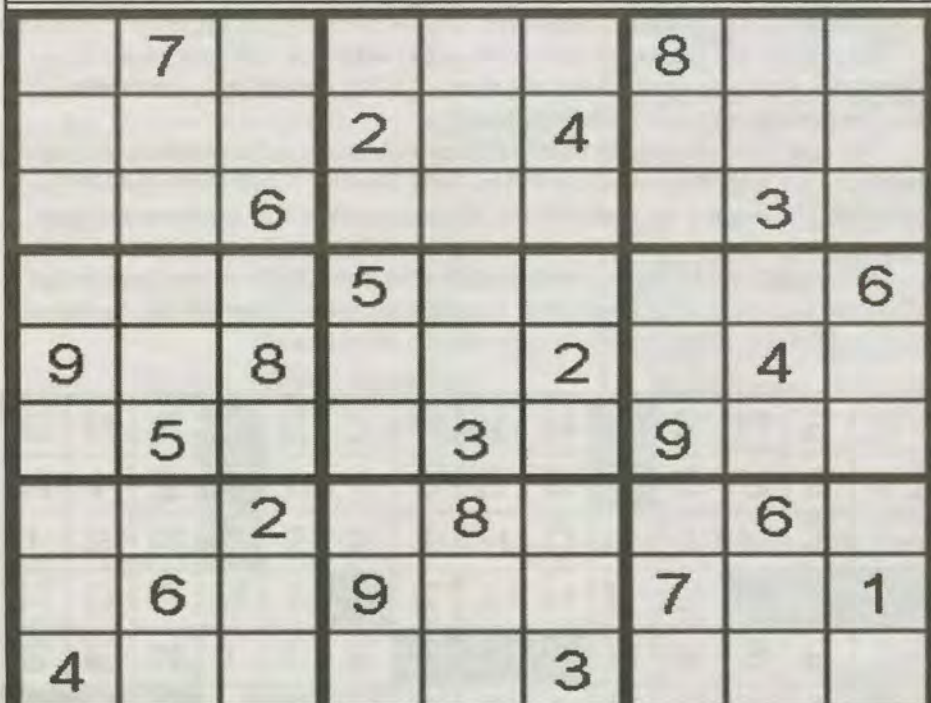
ACROSS

1. Unit of electrical capacitance
6. Smooth and gleaming
11. Not arm
14. Classical music theatre
15. Breed of dog
16. An Australian flightless bird
17. Vengeance
19. Card with just 1 symbol
20. Anagram of "Leaps"
21. S S S S
23. Chinese cinnamon
27. There are 50 of them
28. Associated with the Christian church
32. Regions
33. Impersonate
34. Electro-encephalogram
37. Shipped
38. Flamingo or heron
39. Protagonist
40. East southeast
41. Doughnut-shaped roll
42. Freight
43. The arrangement of windows of a building
45. Infirm due to age
48. Makes angry
49. Nymph
50. An anesthetic
53. Doctrine
54. Ardent supporters
60. Beak
61. Moral weaknesses
62. A squeaking noise
63. N N N N
64. An ancient Hebrew unit of dry measure
65. An abrasive board



DOWN

1. Since or because
2. Gorilla
3. Drench
4. Arrangement (abbrev.)
5. Newspapers
6. Porgy fish
7. Parcels of land
8. A Great Lake
9. Self-importance
10. Relating to the motion of bodies
11. The smallest amount
12. Master of ceremonies
13. Suppose or surmise
18. Sheep sound
22. Pouch
23. Stop
24. Units of area
25. Vista
26. A thin strip of wood
27. Agitate
29. Picture
30. Assistants
31. Capelin
34. Strange or spooky
35. A plant disease
36. Thugs
38. Ebb
39. Caps
41. Accept as true
42. Impulse
43. Type of tree
44. Regrets
45. Gleam
46. A red fluorescent dye
47. Makes insensitive
50. Engrave
51. Titaness of ancient mythology
52. A call for quiet
55. Small bite
56. Forelimb
57. Perceive visually
58. Asphalt
59. The air above us



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Arts Fest

A university wide ArtsFest featuring interactive programs in art, poetry, photography and digital imaging. This forum will also feature the talented students of these respective programs displaying their works. ArtsFest will take place throughout the university on October 17 from 1:00 to 7:00 p.m., ending with an evening reception. The event is free and open to the public.

SIDL Bi-Weekly Information Sessions

The School of Interdisciplinary Learning offers bi-weekly information sessions that will answer your questions about the program and give you a tour of the campus.

To find out more about the SIDL, please contact us at 708.534.4092 or e-mail sidl@govst.edu.

Presidential Installation: November 3

All community members, faculty and staff, and students are invited to attend a ceremony and celebration in recognition of the installation of Dr. Elaine P. Maimon as the university's fifth president. Additional event details will be available soon.

Library hours at GSU

Monday - Thursday:
8:30 a.m. - 10:30 p.m.
Friday - Saturday:
8:30 a.m. - 5 p.m.
Sunday:
1 p.m. - 5 p.m.

Recreation / Fitness Center hours

Monday - Friday: 6 a.m. - 9 p.m.
Saturday: 8:30 a.m. - 4 p.m.
Sunday: Noon - 4 p.m.

Closed Sundays during the Spring/Summer trimester.

